

Rock Hill HS
Swimming (C)



RHHS Aquatics Strength & Conditioning (9TH-12TH)

Camp Start Date: July 8, 2024

Start Time: 7:00:00 AM

Camp End Date: July 25, 2024

End Time: 9:00:00 AM

Venue Name: Prosper ISD Natatorium

Venue Address: 1851 Stadium Drive , Prosper, TX 75078

Camp Cost: \$120.00

Questions: lmsteinhaus@prosper-isd.net (832) 455 - 2073

Special Notes:

Please make sure you have had a physical done by a physician before coming to SAC Camp. Please enter the natatorium at the right atrium door. Wear comfortable shorts, T-shirt, and please bring a water bottle.