

Prosper HS

Strength and Conditioning (C)

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## ATH - Grades 3-6 PHS Foundations SAC

Foundational speed and strength development for young athletes. Camp will help develop base skills for athletic development. Camp will be Monday - Thursday from 6/1 - 7/23 with the exception of the week of 6/29 - 7/2.

**Camp Start Date:** June 1, 2026

**Start Time:** 11:00:00 AM

**Camp End Date:** July 23, 2026

**End Time:** 12:00:00 PM

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**Venue Name:** PHS MPF

**Venue Address:** 301 Eagle Drive, Prosper , TX 75078

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**Camp Cost:** \$101.00

**Questions:** John Hutti [jwhutti@prosper-isd.net](mailto:jwhutti@prosper-isd.net)

**Special Notes:**

CHECK IN: Athletes will enter through double doors on the north side of the MPF, next to the portables.

EQUIPMENT: We recommend athletes wear cleats and 5th graders bring both cleats and regular athletic shoes.