

Prosper HS

Strength and Conditioning (C)

ATH - Grades 3-6 PHS Foundations SAC

Foundational speed and strength development for young athletes. Camp will help develop base skills for athletic development. Camp will be Monday - Thursday from 6/1 - 7/23 with the exception of the week of 6/29 - 7/2.

Camp Start Date: June 1, 2026

Start Time: 10:00 AM

Camp End Date: July 23, 2026

End Time: 11:00 AM

Venue Name: PHS MPF

Venue Address: 301 Eagle Drive, Prosper , TX 75078

Camp Cost: \$101.00

Questions: John Hutti jwhutti@prosper-isd.net

Special Notes:

CHECK IN: Athletes will enter through double doors on the north side of the MPF, next to the portables.

EQUIPMENT: We recommend athletes wear cleats and 5th graders bring both cleats and regular athletic shoes.