

Rock Hill HS

Track & Field (C)



## ATH - Grades 4-8 Track & Field/Cross Country Camp

Campers will work on fundamental track and field event specific skills, and cross country training such as block starts, field event techniques, sprint and hurdle mechanics, and endurance training.

**Camp Start Date:** June 8, 2026

**Start Time:** 12:00:00 PM

**Camp End Date:** June 11, 2026

**End Time:** 2:00:00 PM

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**Venue Name:** RHHS Turf and Track

**Venue Address:** 16061 Coit Rd., Frisco, TX 75035

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**Camp Cost:** \$105.00

**Questions:** Zach Morgan [ztmorgan@prosper-isd.net](mailto:ztmorgan@prosper-isd.net) (945) 678 - 3790