

Walnut Grove HS

Strength and Conditioning (C)



ATH - Summer Strength and Conditioning - Fundamentals (K-6)

Campers will learn the fundamentals of speed and skill. Campers will need to bring a water bottle and be in athletic clothing daily. SAC camp will be Monday - Thursday every week except June 29th through July 2nd.

Camp Start Date: June 8, 2026

Start Time: 10:00:00 AM

Camp End Date: July 23, 2026

End Time: 11:00:00 AM

Venue Name: WGHS - Door 13 Entrance

Venue Address: 3500 E. First St., Prosper, TX 75078

Camp Cost: \$101.00

Questions: Tommy Allison tpallison@prosper-isd.net

Special Notes:

Campers will be dropped off and picked up daily in front of the multipurpose facility (WAC).