

Walnut Grove HS

Track & Field (C)



ATH - 7th-9th Grade Track & Field Camp

Athletes will be introduced to a high school level of Track and Field Practice. This will include proper warm-ups, sprint mechanics, hurdle basics, horizontal and vertical jumps including intro to Polevault. Campers should bring a water bottle/sports drink and comfortable shoes to run in. There will be sports drinks, water and light snacks to purchase at the halfway point if they did not bring any. This will make sure the campers are hydrated and have enough fuel.

Camp Start Date: May 26, 2026

Start Time: 6:00:00 PM

Camp End Date: May 29, 2026

End Time: 8:00:00 PM

Venue Name: WGHS Turf and Track

Venue Address: 3500 East 1st Street, Prosper, TX 75078

Camp Cost: \$105.00

Questions: John Fletcher jhfletcher@prosper-isd.net (940) 595 - 1980

Special Notes:

Campers should be dropped off and picked up at the back of the school near the football field ticket booth.