Prosper HS

Basketball (M)



ATHLETICS - Prosper High Boy's Basketball Strength & Conditioning Camp

PHS Boy's Basketball SAC Camp is designed specifically for boy's basketball players entering 9th-12th grade at Prosper High School. This camp will focus on basketball specific strength, agility, and explosion training.

Camp Start Date: May 27, 2025 Start Time: 11:00:00 AM

Camp End Date: July 31, 2025 End Time: 1:00:00 PM

Date Details: 05/27-05/29, 06/9-06/11, 06/16-06/19, 06/23-06/26, 06/30- 07/3, 07/7-07/10, 07/14-

07/17, 07/28-07/31

Venue Name: PHS Arena

Venue Address: 301 Eagle Dr, Prosper, TX 75078

Camp Cost: \$217.00

Questions: Scott Imes sjimes@prosper-isd.net

Special Notes:

Every camper will need to bring athletic shoes, t-shirts, shorts, and a water bottle. SAC camp will be held at the indoor weight room in the main building of Prosper High School. Below is a breakdown of camp dates and times (31 dates from the end of May to the end of July). Please pay close attention to the dates. Once we have all our camp registrations, we will create a SportsYou to communicate any changes to our camp. Incoming 9th Graders: Time:11am- 1pm Dates: May 26-29, June 9-10, June 16-19, June 23-26, June 30-July 3, July 7- 10, July 14-17, and July 28-31 Incoming 10th-12th Graders Time:11am- 1pm Dates: May 26-29, June 9-10, June 16-19, June 23-26, June 30-July 3, July 7- 10, July 14-17, and July 28-31