

Walnut Grove HS

Strength and Conditioning (C)



ATHLETICS - Fundamental Strength & Conditioning Camp

Functional training for Incoming 1st - 6th graders

Camp Start Date: June 2, 2025

Start Time: 10:00:00 AM

Camp End Date: July 17, 2025

End Time: 11:00:00 AM

Date Details: Every Monday - Thursday 6/2 - 7/17. NO Camp 6/30 - 7/3

Venue Name: WGHS - Door 13 Entrance

Venue Address: 3500 E. First St., Prosper, TX 75078

Camp Cost: \$84.00

Questions: Tommy Allison tpallison@prosper-isd.net

Special Notes:

Please bring the following: Athletic Clothes, Water Bottle