



ATHLETICS - RHHS High Intensity SAC Camp

Calling all rising 9th-12th grade athletes in the Rock Hill Attendance Zone for the 2025-2026 season!

Prepare to take your performance to the next level at our intensive summer camp designed to maximize your athletic potential. What to Expect: Expert Coaching: Hone your skills and technique under the guidance of experienced coaches. Targeted Training: Focus on building strength, speed, and agility through a comprehensive program. State-of-the-Art Facilities: Train in a dynamic environment designed for optimal performance. Competitive Edge: Gain the tools and confidence you need to excel in your sport. Camp Details: Dates: Monday - Thursday Time: 7:00 AM - 9:00 AM Location: Drop-off and pick-up will be located outside the Rock Hill Indoor by the Tennis Courts. What to Bring: Athletic shoes Cleats Water bottle Don't miss this opportunity to invest in your athletic future!

Camp Start Date: June 2, 2025

Start Time: 7:00:00 AM

Camp End Date: July 24, 2025

End Time: 9:00:00 AM

Date Details: Camp will run Monday-Thursday for 7 Weeks the price for the camp is a one time charge for the entire 7 weeks. We will not have camp on the week of the 4th of July.

Venue Name: RHHS Turf and Track

Venue Address: 16061 Coit Rd, Frisco, TX 75035

Camp Cost: \$196.00

Questions: Mark Wilkinson rmwilkinson@prosper-isd.net

Special Notes:

Athletes do not have to attend all 7 weeks. If they go on vacation during some of the camp that is fine.

Medical Info:

All Athletes must have a physical on file for the 2025-2026 school year to participate in this camp.